



WELCOME, FRIEND

FCS Summer Camp Weekly Newsletter



From the Desk of the Director

During the summer, we not only have FCS teachers working with us, but guest teachers and assistants from our community as well. As I observe camp classrooms each day, I am always pleasantly surprised by how each individual utilizes our facilities/resources or adapt a camp curriculum with their own flair.

I've shared with my staff that FCS Summer Camp is just as much of an experience for them as it is for the campers. Many teachers use the opportunity to showcase what has worked well for them in the past. Others may take the time to try new things or approaches that they may not have access to during the year. Although we have several iterations of certain camps, I have yet to see any two experiences be exactly replicated between different teachers.

I am proud to offer to our community a unique and outstanding camp experience for our children each week. The work, however, lies solely in the hands of my summer team, who truly see and guide your child each day. For that, I am always grateful to be there to support them.

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DIRECTOR**

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**THIS WEEK'S
PHOTO GALLERY**

**Written by Support Staff
Produced by Danielle Probst**



03A1 - Out of this World

Led By: August Gardner

Assisted by: Brenda Alvarado

Our campers were excited to BLAST OFF into another week of fun!

Did you know the first person on the moon was Neil Armstrong? The first creature to orbit the earth was Laika, a Russian dog?

We launched off on our rocket and started our journey to travel the galaxy. Stars, planets, moons and satellites await discovery. Adventures await!

03B1 - Nature Explorers

Led By: Jazlyn Olivera

Assisted by: Amara R. (CIT)

In this camp, we got down and dirty while walking through the beautiful nature trail just behind FCS! We got to explore the ecosystem and wildlife that surrounds FCS campus.

We used leaves, flowers, and sticks to create bird nests, nature names, and butterflies/dragonflies. We learned about tree rings and how important they are to find out the lifespan of a tree in story.



03B2 - Building and Patterning

Led By: Crystal A. Robinson

Assisted by: Catherine Cousins

This week, our creative muscles got plenty of exercise as we used a variety of media to build unique towers and structures.

We built colorful patterns using building blocks, Legos, recycled materials and a whole lot of creativity. We learned how patterns, that make up the simplest things we see and use everyday.

Our builders were able to perfect their techniques on building the tallest towers and sturdiest buildings.



03B3 - The World of Eric Carle

Led By: Sandra Haw

Assisted by: Lottie Potter

This week campers explored the world of colors and textures through the eyes of author Eric Carle. It was a colorful and artsy adventure each day!

Painted paper was used in a decoupage technique to create art inspired by Carle. Campers were immersed in stories of the natural world through books, cartoons and read alouds.



03C1 - Sport of the Day

Led By: Gillian Rosenzweig-Stein

Assisted by: Liya Abebe

This week, we had a small group, so playing traditional team games like soccer or baseball was out of the question! Of course, we still had a lot of fun exercising our bodies and doing other fun sport activities.

Gillian is a seasoned athlete and she taught us how to safely work out using weights in the camp gym area, practiced drills, and even played dodgeball with the kids in How is it Made?

03C2 - How is it Made?

Led By: Daniela Rivadeneira

Assisted by: Liya Abebe

Many of us heard from our parents growing up this phrase, "Don't break that!" In this camp, we encourage it!

With curious minds, budding engineers and designers learned how various household items were constructed by reverse engineering them.

Taking things apart, campers gained familiarity with basic hand tools like hammers and screw drivers. They also learned the importance of wearing protective glasses. Later they turned their explorations into art projects using the recycled materials creating unique pieces using speakers, magnets, rope and wheels.



03C3 - Wilderness Skills and Archery

Led By: Alex Andrews

Assisted by: Jared McCord
& Robert R. (CIT)

Younger generations have lost touch with the outdoors, but not these campers. They learned about the complexities of survival in the wilderness with Alex. This included building their own shelters and learning how to make a fire!

In the afternoon they worked with Mark on archery skills, and proved themselves to be talented young archers.



03D1 - Extreme Engineering

Led By: Margaret Strohecker

Assisted by: Julian Craig

In this week, we used our imagination to plan and execute various projects such as earthquake-resistant towers, weight-bearing bridges, crash-resistant cars, and film canister rockets! Each day was a new opportunity to discover more about the physics around us each day!

We learned a lot about how engineers have to problem-solve and work together often with limited resources and time constraints.





03D2 - Archery and Wilderness Skills

Led By: Mark Evans

Assisted by: Jared McCord & Louis L. (CIT)

Crossbows are an advanced archery tool representing an advance from the usual longbows that Mr. Mark teaches during camp. These tools were only taught to 6th-8th graders.

Just as with archery, crossbows should always be used with care and adequate preparation. Having a stronger and consistent draw weight (30 pounds) means there's more force behind each shot.

We followed our safety rules and had a great time exploring this safely!

03E1 - CIT's

Led By: Danielle Probst Rich

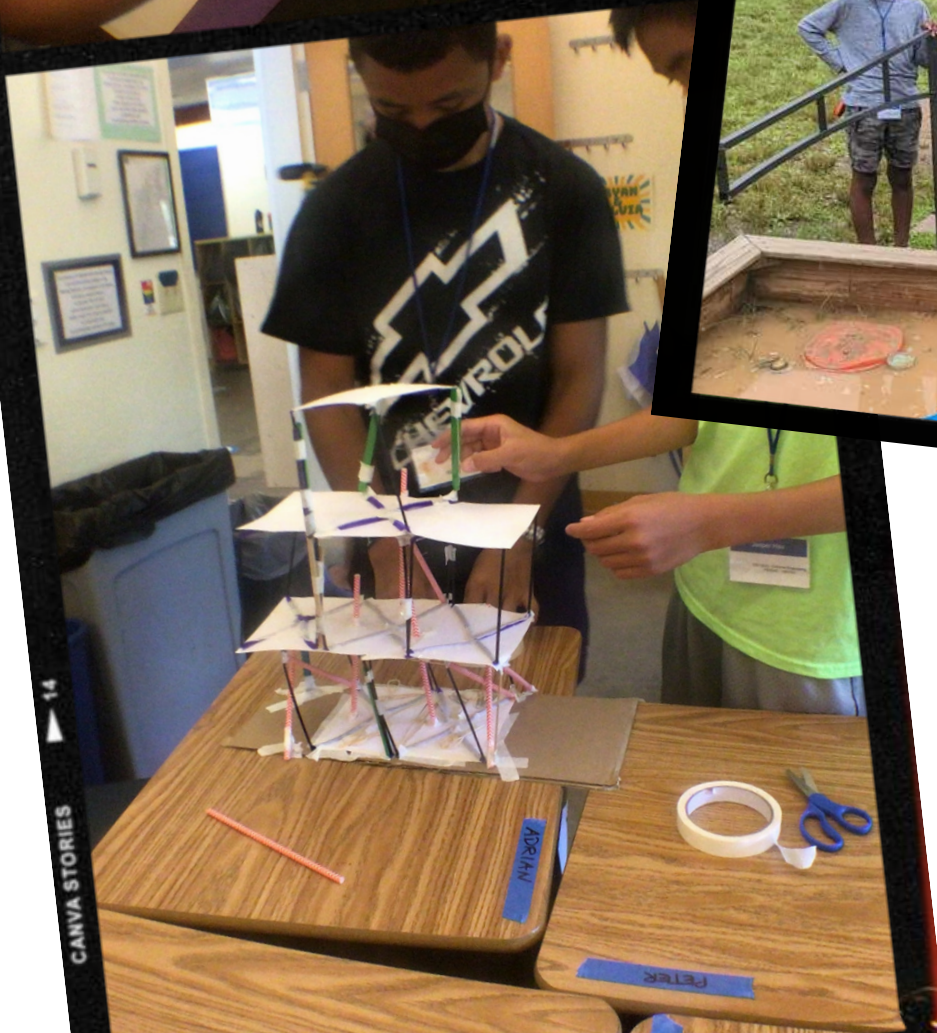
Multiple tracks of CIT's this week gained experience helping out Lead teachers and Assistant Counselors in classrooms. They learned how we use walkie talkies for campus communication.

Track One CIT's got resume building experience and learned how to prepare for and answer questions in a job interview.

Track Two CIT's got hands on experience in filling out important job related documents such as the I-9 and W-4. They read a case study of a teen who advocated for equitable pay in a summer job and not only won the back pay due her but was able to help a friend in another job through her experience.



Try this @Home!



Try this @Home!



Paper Rocket Ship

Do you have a little astronaut in the family who's fascinated with space travel? They will love making a paper rocket!

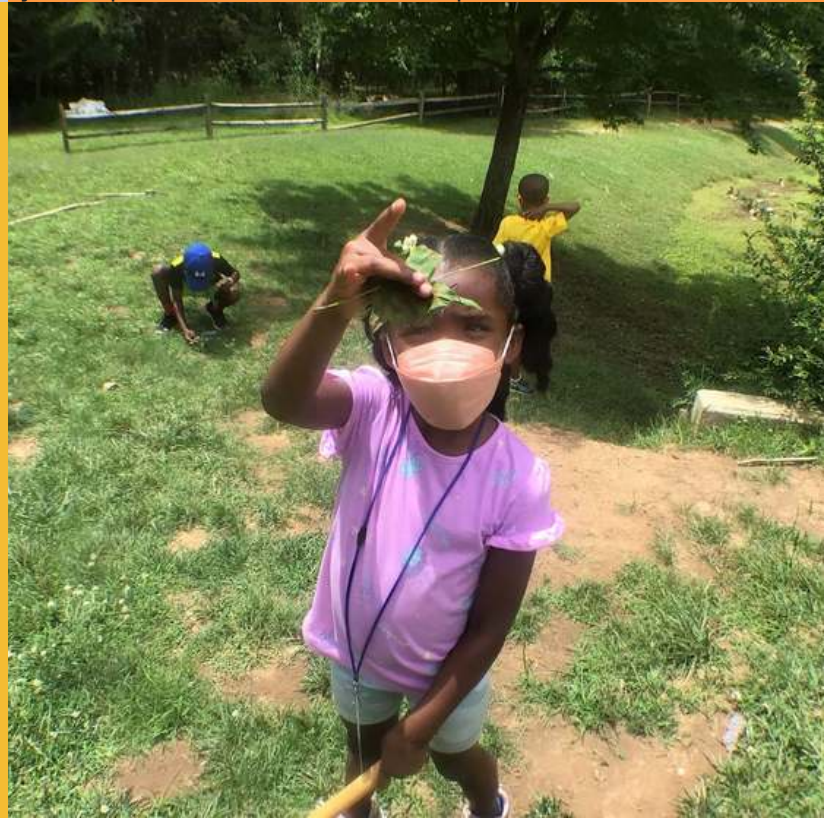
It's easy to blast off into space using just your imagination and some paper. First make a cylinder for the body of your rocket, then add a cone at one end for the capsule.

Draw windows along the side and "flames" at the bottom complete your ship. With a name and a mission, who knows where your space traveler will end up?

A Bird's Nest of Clay

Birds use various materials to create a nest. Twigs, fluff from plants and leaves are most common but birds are also known to recycle human made objects such as thread, yarn, gum wrappers and other small items people discard carelessly.

All you need for this activity is some air dry clay such as Model Magic and objects you may find in your neighborhood. Once you have gathered your materials, make a bowl shape with the clay and weave or press your finds into the clay. Let the clay dry and you'll have a lovely nest!



Try this @Home!



Making Patterns with Colors!

Patterns are all around us. Parents can take time with children to observe objects in their home to describe and identify patterns.

A chess/checkerboard is a great place to start. Two colors, many squares. How many red? How many black? Are they the same number? Then invite your child to look for similar patterns. Take them into the kitchen and open a cabinet, have them describe what they see. what are the colors?

Ask them to identify patterns in colors and patterns and then see if they can recreate them with Legos, crayons or paints.

Watercolor Art

The beauty of the watercolor medium is that with just one color, many tints of color can be created with just water or the addition of white.

Try painting a bright sky with just blue, using water to thin the paint or add white to create new blues of blue. Try combining red, oranges and blues to create a sunset or blues and greens and grays. What about adding a touch of black to discover new shades of your main color or work with primary, secondary and tertiary colors to even more color magic.



Try this @Home!



Basketball Drills

Basketball requires speed, precision and a bit of improvisation to surprise your opponent and lead your team to victory.

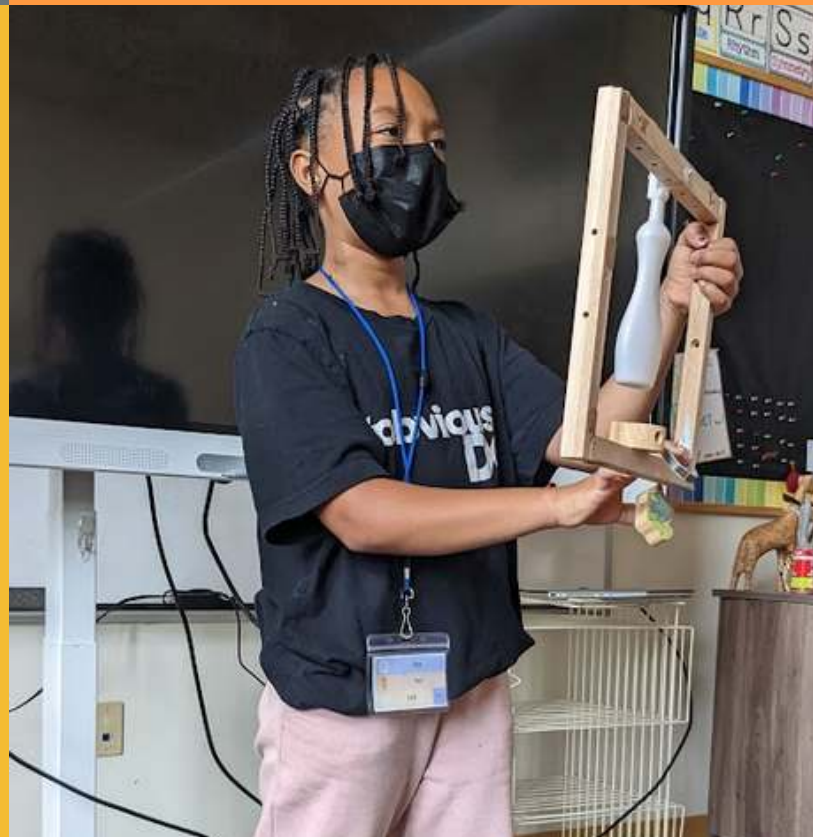
Shooting baskets is great, perfecting that "nothing but net" swoosh is a satisfying accomplishment, but improving your stamina and lung capacity to keep moving is just as vital.

Aerobic exercise, HIIT (high-intensity interval training) drills and cycling can all aid in building your skills but they all contribute to increasing stamina and building the strength needed to keep moving and outlast your opponents.

Recycled Inventions

By engaging in creative problem solving we learn to look at things in a different way. Have your child build this skill by taking household objects you would usually recycle and experiment by assembling the bits and pieces into something new.

A marble run can be made from paper towel rolls, a broken pool noodle and paper plates. Your child could go with you to a thrift store to pick out a clock or a radio to take apart and encourage them to put back together to deconstruct and rebuild into art.



Try this @Home!



Building a Fire

Building a fire is an essential woodland survival skill. Many hikers carry a firestarter kit of flint and steel and some char cloth. No char cloth? Look around for dry organic materials such as dead leaves, dried out moss, a birds nest, pine straw or the fluff from a cattail or milkweed, they can all serve as the start to your fire, catching the spark. Alternative sources of flame such as waterproof matches or a portable butane lighter can also get your fire going.

Before making your fire make sure that you have gathered plenty of fuel in various sizes such as thin sticks, and increasingly thicker dry branches

The most important thing is to start slowly. Don't over feed your fire or you risk smothering it. Learn to identify the best types of wood for cooking - oak or fruit trees such as apple are great. Nut tree wood like hickory also adds flavor to your food through the smoke. Pine is best used when you want to get your fire started quickly as it burns fast and hot.

Learn to identify wood that might have poison ivy growing on it. The smoke from the burning ivy can irritate your eyes and lungs, even causing a rash on your face and hands if they are exposed to the irritants in the plant.

Most importantly, have the tools on hand to put out your fire before you start it. Buckets of water, sand or dirt can damp down flames in an emergency. Adult supervision is a must.



Try this @Home!



Egg Crash Cars

Can you build protection around a raw egg to roll it down an incline so it doesn't break?

Challenge your friends and siblings to create cars or sledges that you can slide down to test your egg.

Materials to try - bags filled with water, soft paper, air bags from packages or build try building a frame around the egg with toothpicks and glue.

Make a note of the materials used, their weight and how steep the incline is. What works well to protect your egg from breaking? How many times can you slide your car along the track safely

down the chute before your egg breaks?

Make sure you have plenty of eggs on hand so you can make adjustments to your car and materials protecting your egg.

What works best? What materials make your egg car move faster or slower?

Did you know that experiments like this are done every year with new automobiles before they are sold to the public? Your egg is a crash test dummy and you are the company testing for passenger safety. The concept is the same, to keep your egg "passenger" safe in the vehicle.

Who knows? You might come up with an eggcellent way to keep your egg whole!



Activity Pages



Spot the Difference!



Session 03

Unscramble the words.

1. Secpa

2. rteuaN

3. uidlBing

4. lolagCe

5. Strop

6. Tloso

7. ldsirnsWee

8. hecryAr

9. Eerignnineg

10. sueeRm

Word Box

Archery

Building

Collage

Engineering

Nature

Resume

Space

Sport

Tools

Wilderness



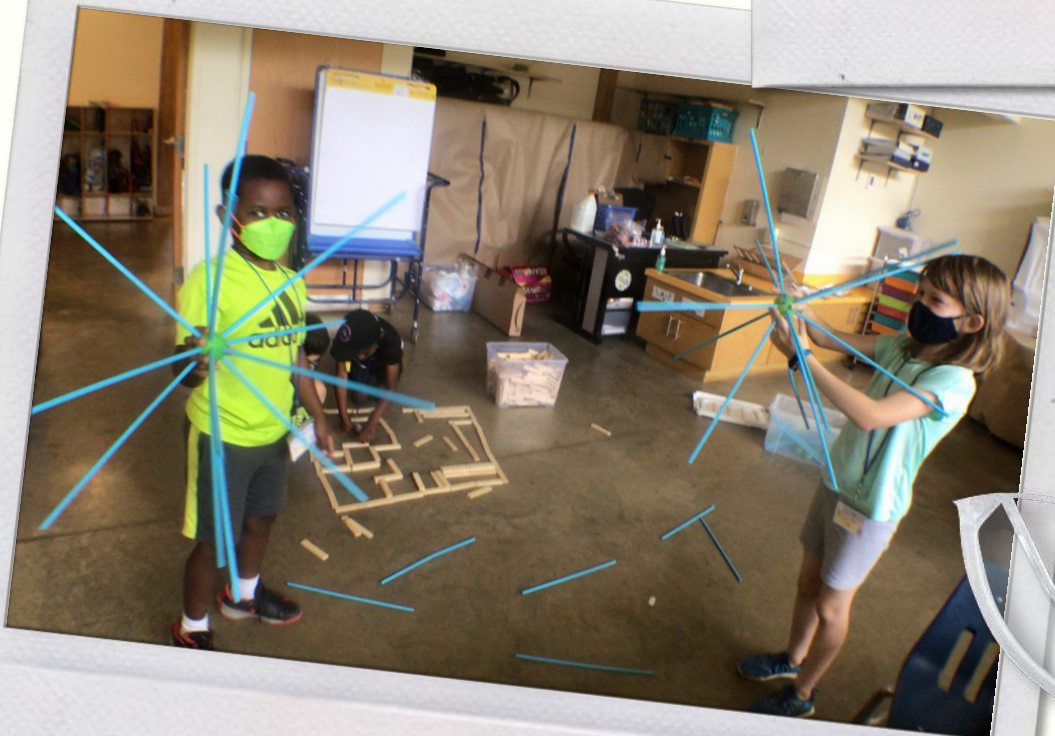
Ramiro build a new coop for our guinea fowl!

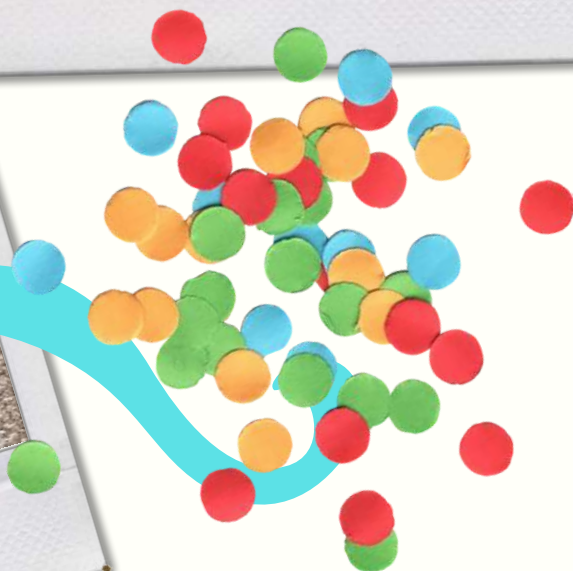
Additional thanks to:

Gordon McKenzie (Substite Office Manager)
Sheldon Henry (Director of Technology)
Ramiro Pecher (Substitute Facilities Manager)
Irma Guillén (Daytime Custodian)
Jasmine Vaughn (School Nurse)

Ciao!

~ Italian





Our Support Staff this week:

Taylor Washington
Ingrid Aguilar





Click here for a video slideshow!



FCS Summer Camp

SESSION 03 VIDEO SLIDESHOW

See you next week!

- 04A1 - Little Explorers (Dino Fun)
- 04B1 - Sport of the Day
- 04B2 - Magic School Bus
- 04B3 - Bug-Eyed Fun
- 04C1 - Summer Blossoms
- 04C2 - Puppy Love
- 04C3 - Wilderness Skills & Archery
- 04D1 - Live-Action Role-Playing Adventures
- 04D2 - Archery & Wilderness Skills
- 04DV - High School Test Prep (Reading & Writing)
- 04E1 - CIT (Counselor-in-Training)